

My name is Angela Dingle, President and CEO of Ex Nihilo Management, a technology company based in Washington, DC. And I'll be your instructor. For over 25 years, I have worked in the public and private sector helping organizations to align technology with their overall strategic objectives.

Having worked with companies in the private sector and the public sector, like the Department of Defense, Department of Homeland Security, and some of the largest technology companies in the world, I serve as a trusted advisor, helping them to design, build, and implement cybersecurity programs.

As a small business owner, I have sat where you are today. And I've incorporated cybersecurity into my overall business strategy.

Throughout this series, I will be sharing my experiences working with leaders and business owners, just like you, as we work to protect our companies against cyber threats.

Cybersecurity Basics for Business is the first of three training courses that together provide a multi-layered, comprehensive training program on cybersecurity topics, such as strategy, remediations, recovery planning, and maturity models for small and medium-size business enterprises.

Although the content of these courses is designed to build upon concepts covered in this course, there are no prerequisites for any of the individual training courses in the series.

In addition to the instruction, each training course has an accompanying set of resources including workbooks, handouts, and a recommended reading list. Depending on the topic of instruction, the handouts may be in the form of a checklist, a worksheet, template, or other activity to be completed independently, or during the course of instruction. Refer to the resources section to download or print copies of these materials.

This one-hour training course is designed to provide solo practitioners and other small business owners with a basic understanding of cybersecurity and the impact that it can have on their business, including some of the common terminology. You will gain an increased awareness of cybersecurity as a business risk, you will know what to do if you suspect that your business has been the victim of a cyber attack, and you will leave with a set of tools and definitive steps that you can take to protect your business from a cyber attack.